

GYM SCHEDULE

COURT A

July 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	OPEN 5:30 AM	Adult Pick-up 5:30 - 7:30 AM	OPEN 5:30 AM	OPEN 5:30 AM	Adult Pick-up 5:30 - 7:30 AM	
OPEN 7:30 AM						OPEN 7:30 AM
Adult Pick-up 8 - 9:30 AM	Jazzercise 9 - 10 AM		Jazzercise 9 - 10 AM		Jazzercise 9 - 10 AM	Adult Pick-up 8 - 9:30 AM
				BodyJam 9:30 - 10:30 AM	OPEN GYM 10 AM - 5:45 PM	OPEN GYM 9:30 AM - 3 PM
Badminton 5 - 6 PM						Teen Pick-Up Basketball 3 - 4:30 PM
						Children's Open Gym 4:30 - 6:45 PM
		- OPEN GYM is for participants of <u>all ages</u> to share the gym. FULL COURT GAMES <u>NOT</u> PERMITTED	Advanced Pick-Up Basketball 6:30 - 9:45 PM		ADULT PICK-UP BASKETBALL those 16 years and older to use the full court CHILDREN'S OPEN GYM for those 12 years old and under. TEEN PICK-UP BASKETBALL for those 13-16 years of age	
					AKK = After Kindergarten Kare Program HBHA = Hyman Brand Hebrew Academy BBall = Basketball	

July GYM SCHEDULE COURT B

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	OPEN GYM 5:30 AM - 9 AM	Adult Pick-up 5:30 - 7:30 AM	OPEN GYM 5:30 AM - 9 AM	OPEN GYM 5:30 AM - 9 AM	Adult Pick-up 5:30 - 7:30 AM	
OPEN 7:30 AM		OPEN GYM 7:30 AM - 9 PM			OPEN GYM 7:30 AM - 9 PM	OPEN 7:30 AM
	Barney Goodman Camp June - July Court B Reserved 9 am - 4 pm for camp activities					Adult Pick-up 8 - 9:30 AM
						OPEN GYM 9:30AM - 6:45PM
			Advanced Pick-Up Basketball 6:30 - 9:45 PM	Badminton 8 - 9:30 PM		
					www.jcckc.org	

*This schedule
is subject to
change*



live well.
get Centered.

Open Gym Schedule

July Open Gym Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Gym Opens 7:30 AM</p> <p>8 - 9:30 am Reserved</p> <p>Gym Closes 7 PM</p>	<p>Gym Opens 5:30 AM</p> <p>OPEN GYM</p> <p>8:45 - 10:15 am Reserved</p> <p>OPEN GYM</p> <p>Gym Closes 10 PM</p>	<p>Gym Opens 5:30 AM</p> <p>5:30 - 7:30 am Reserved</p> <p>OPEN GYM</p> <p>1:30 - 2 pm Reserved</p> <p>6:30 - 9:45 pm Reserved</p> <p>Gym Closes 10 PM</p>	<p>Gym Opens 5:30 AM</p> <p>8:45 - 10:15 am Reserved</p> <p>9:30 - 10:30 am Reserved</p> <p>OPEN GYM</p> <p>Gym Closes 10 PM</p>	<p>Gym Opens 5:30 AM</p> <p>5:30 - 7:30 am Reserved</p> <p>8:45 - 10:15 am Reserved</p> <p>OPEN GYM</p> <p>Gym Closes 6 PM</p>	<p>Gym Opens 5:30 AM</p> <p>8 - 9:30 am Reserved</p> <p>OPEN GYM</p> <p>Gym Closes 7 PM</p>	<p>Gym Opens 7:30 AM</p> <p>8 - 9:30 am Reserved</p> <p>OPEN GYM</p> <p>Gym Closes 7 PM</p>



OPEN GYM is a time for participants of all ages to share the gym. Full court games are NOT permitted